



VINAYAKA MISSION'S
RESEARCH FOUNDATION
(Deemed to be University under section 3 of the UGC Act 1956)



AVIT
AARUPADAI VEEDU INSTITUTE OF TECHNOLOGY

NashaMuktYuva for Viksit Bharat – 100 Days SankalpAbhiyan” programme

The NSS Unit of AVIT ISR Cell in association with the Department of Physical Education VMCC organised "NashaMuktYuva for Viksit Bharat – MeraSwasthya, MeraGarv (My Health, My Pride)" as part of the 100 Weeks NashaMuktYuvaAbhiyan of the Ministry of Youth Affairs and Sports, Government of India, on 01/10/2026 at 9.30 am in the Mini Auditorium. The programme began with a welcome address by Dr. K. Surendrababu, NSS Programme Officer, followed by the presidential address by Dr. J. Jannet, Principal, AVIT, and the facilitation by Dr. Omprakash, Director, Department of Physical Education. Dr. N. R. Ramkumar, Dean of Students Welfare and Director of Physical Education, AMET University, delivered the chief guest address, after which all participants took the NashaMukt pledge. Mr. A. Imthiyas, NSS Programme Officer, proposed the vote of thanks. A 3 km Healthy Walk/Run (Walkathon) was then held from the college corridor to OMR Salai, Paiyanoor, in which 186 students participated, including 75 female and 111 male students. The programme created awareness among students about the ill effects of substance abuse, encouraged fitness and healthy habits, and strengthened their commitment to a drug-free campus and a Viksit Bharat.



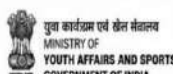
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NAAC
A GRADE



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युव कार्यक्रम एवं खेल मंत्रालय
MINISTRY OF
YOUTH AFFAIRS AND SPORTS
GOVERNMENT OF INDIA



विकसित
भारत



NASHA MUKT YUVA

FOR VIKSIT BHARAT

100 WEEKS NASHA MUKT YUVA ABHIYAN

MERA SWASTHYA, MERA GARV

MY HEALTH MY PRIDE

Healthy Walk/Run



Date:
01/10/2026



Time:
9.30



Venue:
Mini Auditorium

Organised by



NSS UNIT OF AVIT



Department of Physical Education



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NASHA MUKT YUVA



FOR VIKSIT BHARAT



100 WEEKS NASHA MUKT YUVA ABHIYAN

RASHTRIYA SANKALP SAMAROH

YOUTH PLEDGE CAMPAIGN

AARUPADAI VEEDU INSTITUTE OF TECHNOLOGY
PAIYANOOR



Resource Persons

Dr.N.R.Ramkumar

Dean - Students Welfare
Director of Physical Education,
AMET UNIVERSITY.

Theme :

“My Health, My Future”



Date:

01.10.2026



Venue:

Mini Auditorium



Time:

9.30 am



NATIONAL SERVICE SCHEME
ISR CELL
DEPARTMENTS OF PHYSICAL EDUCATION





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Karunguzhipallam, Tamil Nadu, India

M54h+jjr, Karunguzhipallam, Tamil Nadu 603104, India

Lat 12.657059° Long 80.17966°

Thursday, 01/10/2026 09:40 AM GMT +05:30



Karunguzhipallam, Tamil Nadu, India

M54h+jjr, Karunguzhipallam, Tamil Nadu 603104, India

Lat 12.657436° Long 80.179161°

Thursday, 01/10/2026 09:40 AM GMT +05:30



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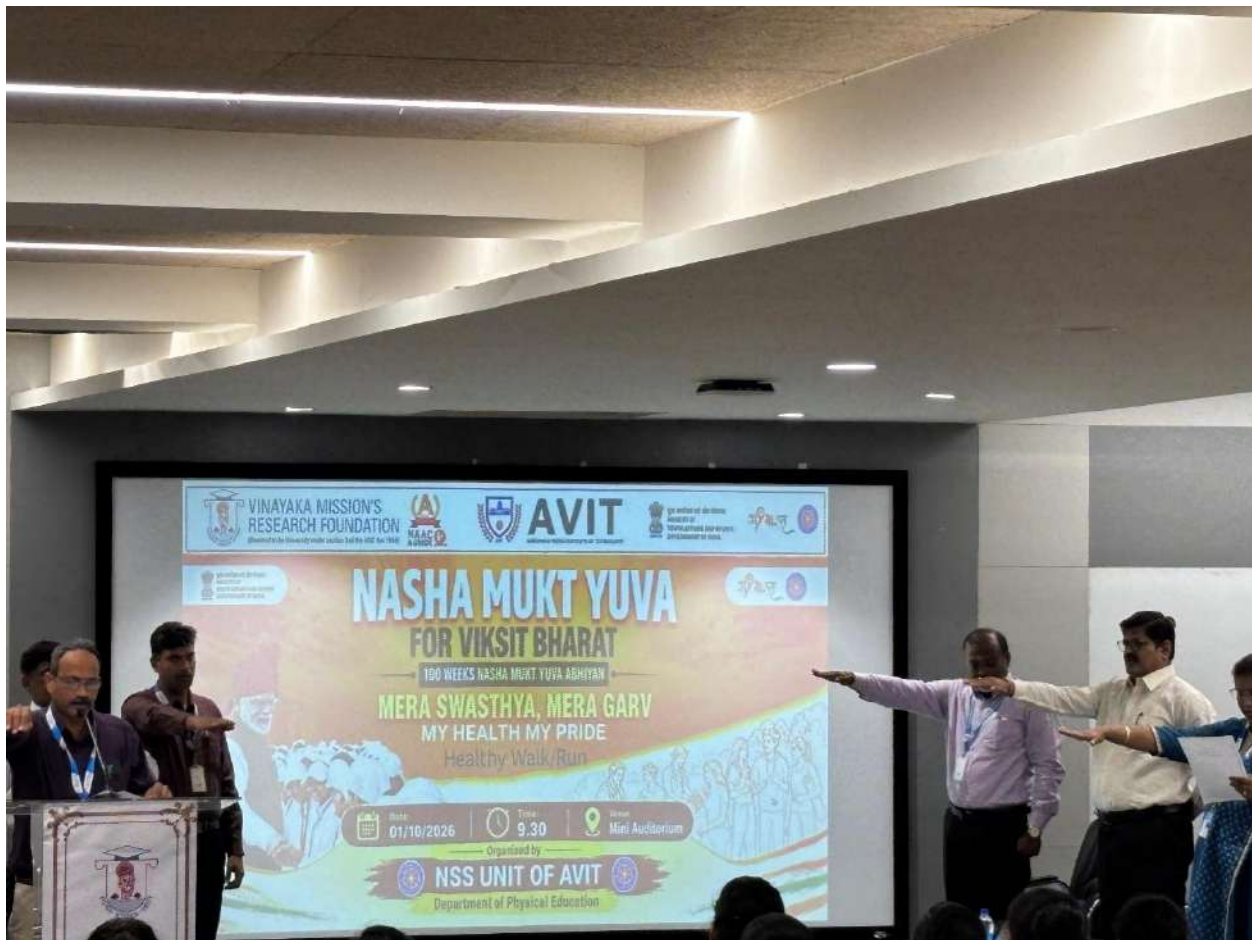
Karunguzhipallam, Tamil Nadu, India
M54h+jjr, Karunguzhipallam, Tamil Nadu 603104, India
Lat 12.657418° Long 80.179183°
Thursday, 01/10/2026 09:48 AM GMT +05:30



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Paiyanur, Tamil Nadu, India 
Avit College (payyanur), Paiyanur, Tamil Nadu 603104, India
Lat 12.657602° Long 80.176573°
Thursday, 01/10/2026 10:06 AM GMT +05:30



Paiyanur, Tamil Nadu, India 
Avit College (payyanur), Paiyanur, Tamil Nadu 603104, India
Lat 12.657602° Long 80.176573°
Thursday, 01/10/2026 10:06 AM GMT +05:30



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