



VINAYAKA MISSION'S
RESEARCH FOUNDATION
(Deemed to be University under section 3 of the UGC Act 1956)



News Letter



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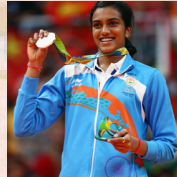
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Vol.08 | | Issue 1



MESSAGE FROM HONOURABLE MADAM CHANCELLOR

Dear Students and Faculty Members,

On International Women's Day, we celebrate not only achievement, but progress. This year, the global conversation continues to recognise the critical role of women in building resilient communities — from **women farmers strengthening food security, women scientists reversing economic degradation**, to women policymakers shaping inclusive economies. Across sectors, women are not just participating; they are leading.

In previous decades, certain ambitions were quietly discouraged for women. Today, those are no longer exceptions. They are realities. The definition of “appropriate” work for women has changed. Technology has been one of the great equalizers of our time, removing obstacles, stigmas and taboos, and help evolve social structures.

Digital platforms, automation, AI-driven systems, telemedicine, remote operations, fintech, and global connectivity have reduced the physical and structural barriers that once excluded women.

Leadership is now measured less by physical presence and more by competence, knowledge, and decision-making ability. In this environment, women are thriving. In India, we see this transformation in officers like Shivangi Singh, the first female IAF Rafale Pilot and Purna Deosthalee, the first woman to command an Indian warship have broken long-standing barriers in the armed forces.

In aerospace, women scientists have played critical roles in **ISRO and DRDO missions**. In corporate India, leaders such as Nirmala Sitharaman shape national economic policy, while entrepreneurs like Falguni Nayar have built billion-dollar enterprises from the ground up. Leadership has moved from muscle to mind.

Government initiatives have also played a decisive role. Schemes such as Stand Up India, MUDRA Yojana, and Pradhan Mantri Mudra Yojan have expanded access to credit, education, and entrepreneurship to women.

MESSAGE FROM HONOURABLE MADAM CHANCELLOR

Women are starting businesses without depending on inherited capital or male intermediaries. Access to loans, digital payments, e-commerce, and online branding has enabled financial independence at an unprecedented scale.

Even in sectors traditionally dominated by men — oil and gas, heavy engineering, defence, and infrastructure — women now occupy technical and leadership roles.

In global healthcare, the development of the AstraZeneca COVID-19 vaccine was jointly led by Professor Sarah Gilbert of Oxford University, reminding the world that women are central to breakthroughs that protect humanity.

Education remains the foundation of this transformation. The advantage women hold today is access — access to information, global networks, skill development, funding, mentorship and platforms. Your responsibility is to maximize that access. Continuous learning, technical competence, financial literacy, and leadership readiness are no longer optional. They are essential.

Our university, spanning many disciplines stands at the centre of this change. We are not simply educating women. We are equipping decision-makers, researchers, entrepreneurs, and reformers.

There is no field too complex, no industry too tough, no hour too late, and no leadership role beyond reach. And there is nothing a woman cannot accomplish.

Wishing everyone a Happy Women's Day.



*Dr. Anuradha Ganesan
Vice President - VMRF*

WOMEN EMPOWERMENT CELL



Women Empowerment Cell (WEC) is formulated in our Institution to empower our lady faculty and girl students to help them understand and respond suitably to the issues pertaining to women. It is a cell made more responsive and gender sensitive to women's needs and to eliminate discrimination and all forms of violence against women. A sense of community spirit is created that allows women to face these challenges as a team rather than individually.

The goal of Women's Empowerment is to bring about the advancement, development and empowerment of women. WEC puts efforts to integrate gender equality and women's empowerment into democratic governance, crisis prevention and recovery, and environment and sustainable development. It also encourages women to find practical solutions to their challenges so that each one becomes self-reliant in their own right.

Ever since the inception of the committee, WEC, as a team has been striving to promote awareness among girl students and educate them on gender-specific, issues in the areas such as health, legal, career and social

- OBJECTIVES -



- Identification of strong leaders and changed makers and building their capacity. To promote a culture of respect and equality for female gender.
- The provision of opportunities and programs for women to be financially, mentally and emotionally empowered so as to promote their growth as individuals in their own right.. Periodically organize skill development courses for faculty, students and rural woman. To inculcate entrepreneurial attitude among young minds.

Above all, ensures a secure and progressive learning environment for the girl students.

GLIMPSES OF

Women's Day Celebration 2025



WOMEN EMPOWERMENT CELL ACTIVITIES

2025-2026



An Awareness Session on the PoSH Act was organized by the Internal Complaints Committee on 4 December 2025 at Aarupadai Veedu Institute of Technology. The Chief Guest, Justice Bhavani Subbaroyan, was felicitated by Dr. J. Janet.

The session began with a welcome address by Dr. S. Sangeetha, followed by an introduction of the Chief Guest by Dr. Shobana R.. Around 110 students attended the seminar.

The Chief Guest explained the importance of preventing sexual harassment, the role of the Internal Complaints Committee, and the procedures for filing complaints. The session concluded with an interactive Q&A session.



Chief Guest
Justice **Bhavani Subbaroyan**
Pollution Tribunal Chairperson

04 December 2025
01:30 PM
Mini Auditorium, AVIT



WOMEN EMPOWERMENT CELL ACTIVITIES 2025-2026



AVIT DIAMOND
AARUPADAI VEEDU INSTITUTE OF TECHNOLOGY
Vinayaka Missions Chennai Campus I-GAUGE

Cordially invites you to the seminar on
Revolution in Cancer Prevention - HPV Vaccination

Resource Person
Dr. S. Deepa MD(OG), FICOG, FMAS
Professor and HOD, Department of OG,
AVMC, Pondicherry

10 February 2026 | 12:30 PM Mini Auditorium
Organised by Women Empowerment Cell &
Gender Sensitization Cell



The Women Empowerment Cell (WEC) of Aarupadai Veedu Institute of Technology organized a seminar on “Revolution in Cancer Prevention – HPV Vaccination” on 10 February 2026. The session was delivered by Dr. S. Deepa, Professor and Head, Department of OG at Aarupadai Veedu Medical College.

The program was welcomed by Dr. Jennifer G Joseph, and the Chief Guest was introduced and honored by Dr. Giri Rangasamy. Around 150 girl students and female faculty members participated.

The session highlighted the importance of HPV vaccination, preventive healthcare, and awareness for reducing cancer risk. The seminar concluded with an interactive discussion and a vote of thanks by Dr. Mohana priya.



REVOLUTION IN CANCER PREVENTION –HPV VACCINATION



Sensitization programme about Internal Complaints Committee

A sensitization programme on the Internal Complaints Committee (ICC) was conducted for first-year students from 12.08.2025 to 21.08.2025 at Aarupadai Veedu Institute of Technology. The sessions were handled by Dr. S. Sangeetha and held in four batches in the Digital Room, with around 275 students participating.

The programme created awareness about the role and functioning of the ICC, women's safety, prevention of sexual harassment, and relevant legal procedures.

The session concluded with an interactive discussion, where students shared their concerns and were informed about contacting the ICC if they faced any harassment-related issue





Women Empowerment Cell (WEC) of the AV Campus organized a seminar on “Awareness Session on Personal Menstrual Hygiene & Wellbeing” on 06.02.2026. Female faculty members and around 170 girl students participated in the seminar.

AN AWARENESS SESSION ON PERSONAL MENSTRUAL HYGIENE WELLBEING

The chief guest, Ms. Divya Kumari, Operations Manager at Brandtouch Analytics Pvt. Ltd., was welcomed by Dr. R. Mohana Priya, Associate Professor and Head, Exam Cell, Department of Electronics and Communication Engineering. She spoke about the importance of menstrual hygiene and its role in building confidence among young women.

The session was interactive, with participants clarifying their doubts. Free personal hygiene kits sponsored by Procter & Gamble were distributed after a survey conducted by Brandtouch. The seminar concluded with a vote of thanks by Ms. Subathra M, Assistant Professor, Department of Biotechnology, Aarupadai Veedu Institute of Technology.



POSTER PRESENTATION COMPETITION



WOMEN EMPOWERMENT CELL (WEC) OF VMCC ORGANIZED A “POSTER PRESENTATION COMPETITION” ON 24TH FEBRUARY 2026.





AVIT
AMBIPADAI VEEDU INSTITUTE OF TECHNOLOGY
Vinayaka Missions Chennai Campus



DIAMOND
CS I-GAUGE
HONOR COLLEGE RANKING

International Women's Day Celebration 2026

Women Empowerment Cell Organizes
Poster Presentation Competition

Themes

- ♀ Knowledge as Power
- ♀ Atmanirbharta (Self-Reliance)
- ♀ Liberating Self
- ♀ The She Energy

- ♀ Respecting the She
- ♀ Strengthening the Roots
- ♀ The Success of Women
- ♀ Action & Effort

Submission Date
24 February 2026
Open to All Students of

WOMEN'S DAY COMPETITION 2025-2026

WHO AM I

Girl students of all the institute – AVIT, MBA, SAS, SAHS, VMLS and VSEP enthusiastically participated in the competition and showcased their talent.



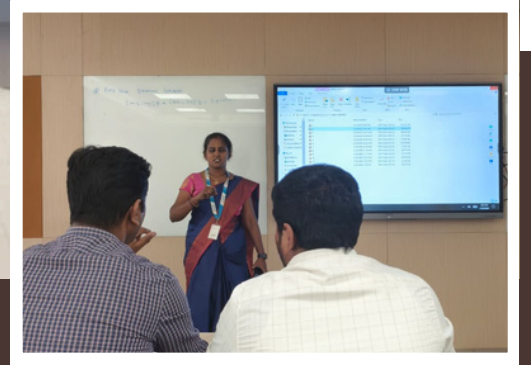
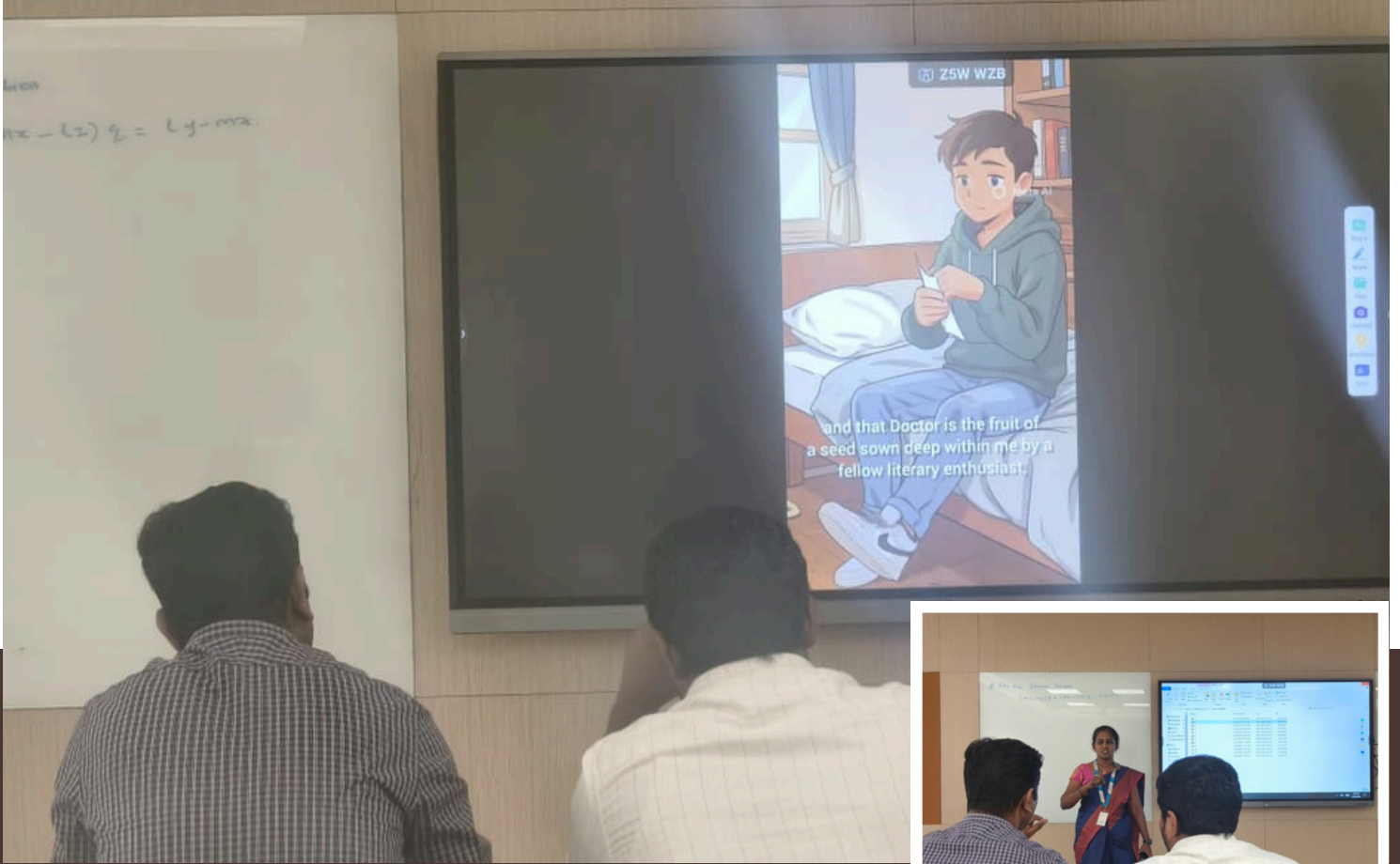
CREATIVE QUEEN



VMCC female faculty members unleashed their inner talents, celebrating their individuality and creativity

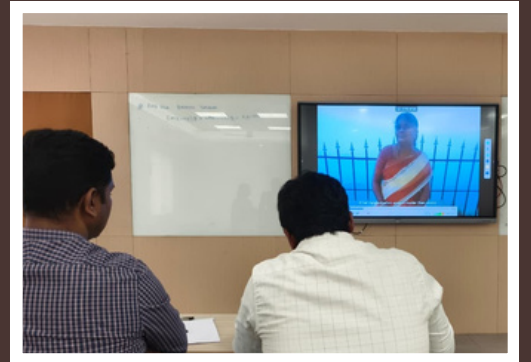


WOMEN'S DAY COMPETITION 2025-2026



THE MOST INSPIRING WOMEN IN MY LIFE VIDEO CONTEST

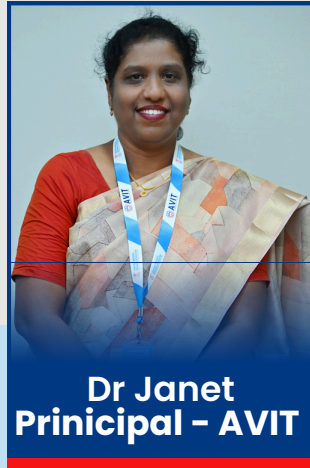
Video contest OF Most inspiring
women – Faculty members



WOMEN HEADS



Dr Giri Rengasamy
Dean-CSR



Dr Janet
Principal - AVIT



Dr.S.P.SANGEETHA
DEAN -FACULTY OF ENGINEERING
& TECHNOLOGY
VICE PRINCIPAL (ACADEMICS)
AVIT



Dr.Christianna Singh
Director
School of Arts
and Science



Ms. Padmamalini S
CEO,
GIEC, VMCC



Dr. P. JAYABHARATHI,
Deputy Director
(Admin) SAS



Dr. Kavitha
Hod ECE



Dr.Jennifer G Joseph
HOD- H&S,
Co convener - WEC



Dr L Chitra
Head of Department
EEE



Dr. A. Nirmala
Associate professor &
Head
Department of
Biotechnology



Dr. PrabhaSheela
Head & Associate Professor
Department of pharma
engineering



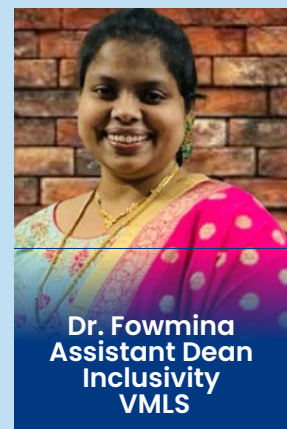
Dr. D. Shanthi Revathi
Head and Associate
Professor
Department of BBA



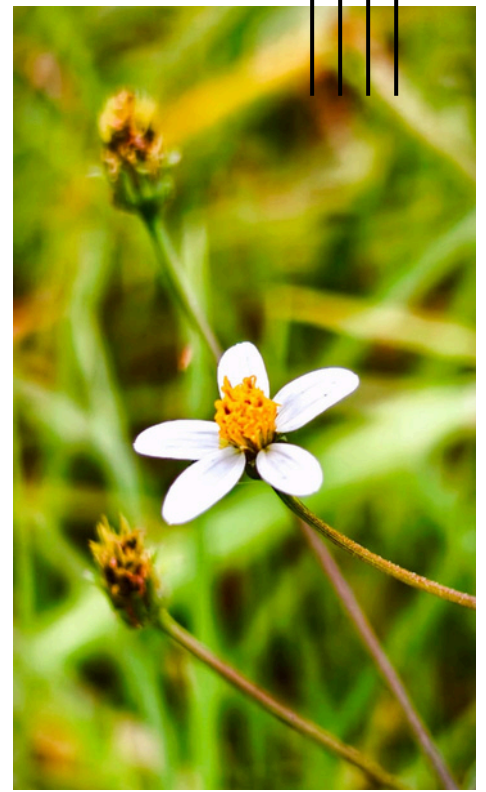
Dr.Shenbagavalli
Associate Dean
Student Affairs
VMLS



Dr. S. Saranya
Head & Associate
Professor
Department of English



Dr. Fowmina
Assistant Dean
Inclusivity
VMLS



Faculty corner

PHOTOGRAPHY



CAPTURED BY

Mrs.N.Banu
Assistant Professor,
Department of Optometry,
School of Allied Health Sciences, Chennai campus,
VMRF-DU

அம்மா

உன் மௌனத்தில் மறைந்தது ஆயிரம் கதைகள்,
உன் விழிகளில் தெரிந்தது அளவற்ற அன்புகள்.
என் விழுந்த தருணத்தில் தாங்கிய கை நீ
தான்,என் உயர்ந்த நேரத்தில் அமைதியாக
நின்ற நிழல் நீ தான்.

உன் சோர்வை சிரிப்பால் மறைத்தவள்,
உன் கனவுகளை எனக்காக தியாகம் செய்தவள்.
என் உலகின் முதல் ஆசிரியையும்,
என் வாழ்வின் நிலையான துணையும் நீயே
அம்மா.

என் இதயம் துடிக்கும் ஒவ்வொரு நொடியிலும்,
உன் அன்பே என் உயிரின் துடிப்பாகும்.

**Subathra M,
Assistant Professor (G-II),
Department of
Biotechnology,
AVIT**



இடிக்கப்பட்டாலும் - நான் எழுவேன்

“” என்னை பலமுறை உடைத்தார்கள்.
பெண்ணாக பிறந்த அந்த நொடியிலிருந்து
என் சிறகுகளை அளந்தார்கள்.
என் கனவுகளுக்கு எல்லை போட்டார்கள்.
என் குரலுக்கு சுவர் கட்டினார்கள்.

ஆனால் —
சுவர் கட்டினால் என்ன?
நான் கதவாக மாறினேன்.

என்னை மெளனமாக்க நினைத்தார்கள்,
நான் மொழியாக மாறினேன்.
என்னை தாழ்த்த முயன்றார்கள்,
நான் உயரத்தின் அளவுகோலாக நின்றேன்.

சந்தேகங்கள் என் பாதையை மறைத்தபோது,
நான் என் பாதையை
என் பாதங்களால் வரைந்தேன்.

என் திறமைக்கு சோதனை வைத்தபோது,
நான் பதில் சொல்லவில்லை —
என் சாதனைகள் பேசின.

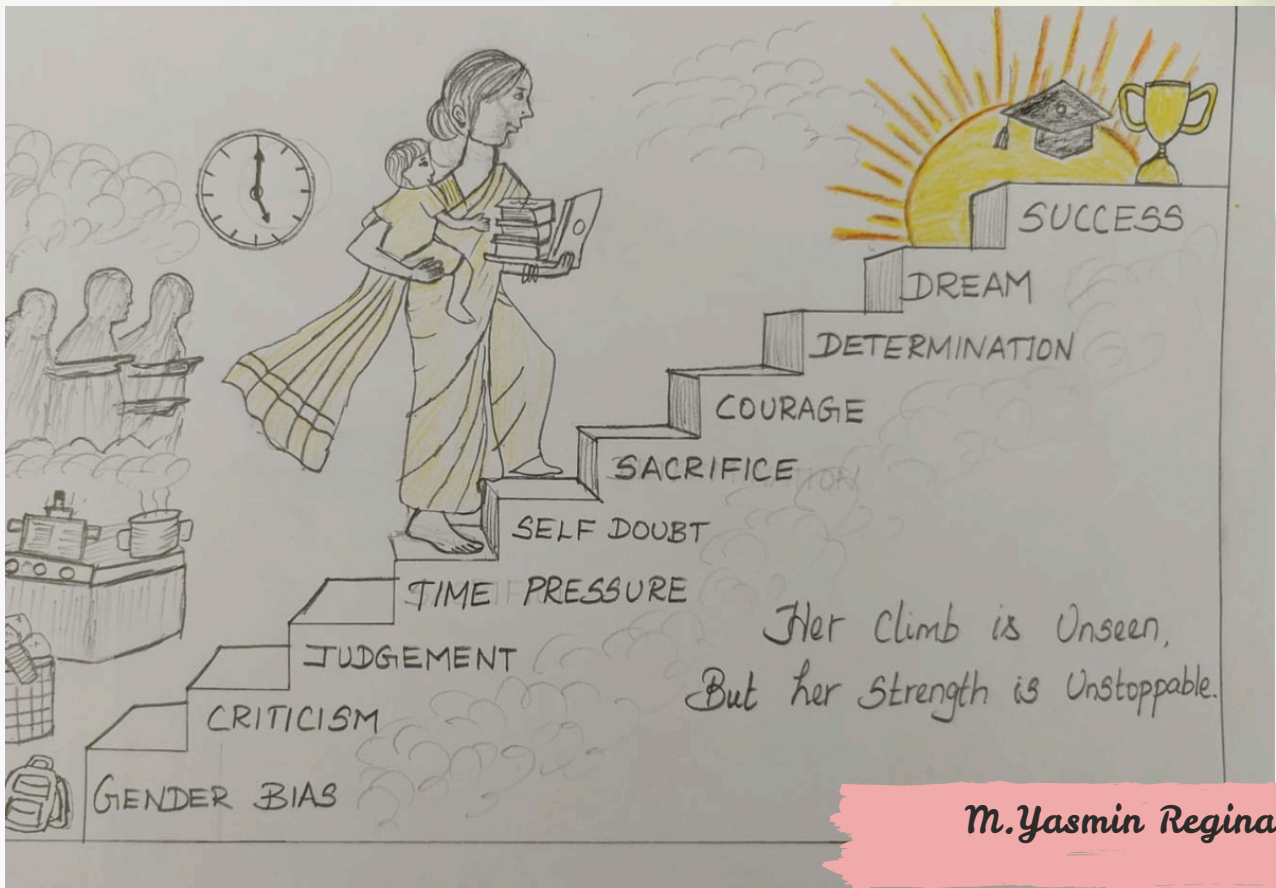
என் கனவுகளை அடக்கச் சொன்னபோது,
நான் கனவுகளை மறைக்கவில்லை;
அவற்றை சாதனைகளாக மாற்றினேன்.
என்னை இடித்த ஒவ்வொரு கல்லையும்
நான் அடித்தளமாக வைத்தேன்.
என்னை நெரித்த ஒவ்வொரு வலியையும்
நான் வலிமையாக வடித்தேன்.

நான் பலவீனம் அல்ல —
நான் புயல்.
நான் மென்மை அல்ல —
நான் மின்னல்.
நான் சுமை அல்ல —
நான் சுழலும் சக்தி.

உலகம் என்னை ஆயிரம் முறை உடைத்தாலும்,
நான் ஆயிரத்து ஒன்றாவது முறை எழுவேன்.
ஏனெனில்
என் இரத்தத்தில் ஓடுவது பயம் இல்லை —
எழுச்சி.
என் இதயத்தில் துடிப்பது துயரம் இல்லை —
துணிவு.

இடிக்கப்பட்டாலும் —
நான் எழுவேன்.
எழுந்துவிட்டு —
உலகத்தை உயர்த்துவேன்.

By
Nisha Jensilin R T
Program Lead - VMLS Admission
VMLS



M. Yasmin Regina

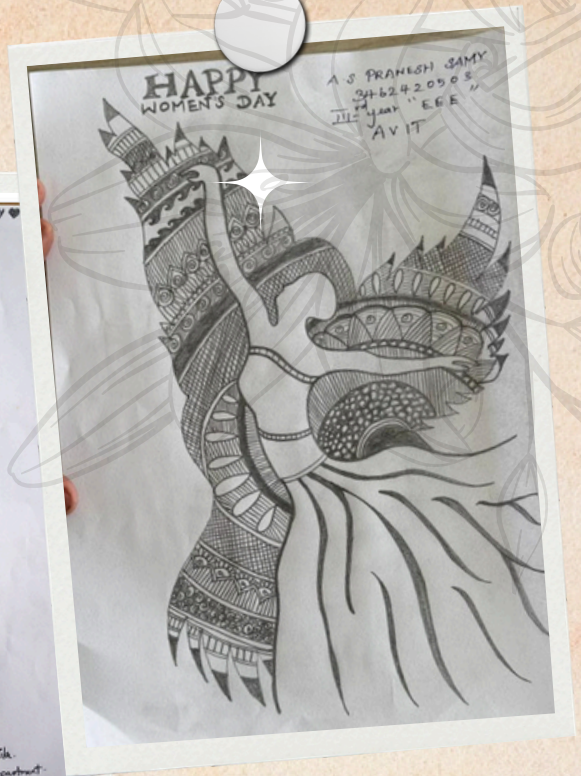
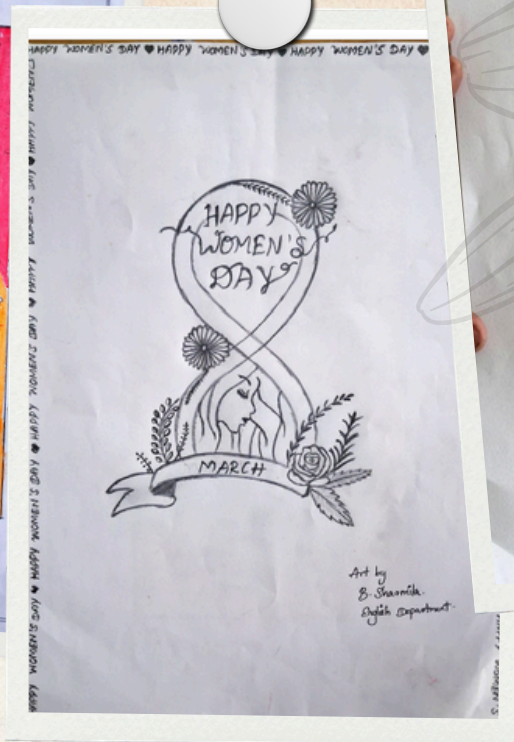
Faculty Corner



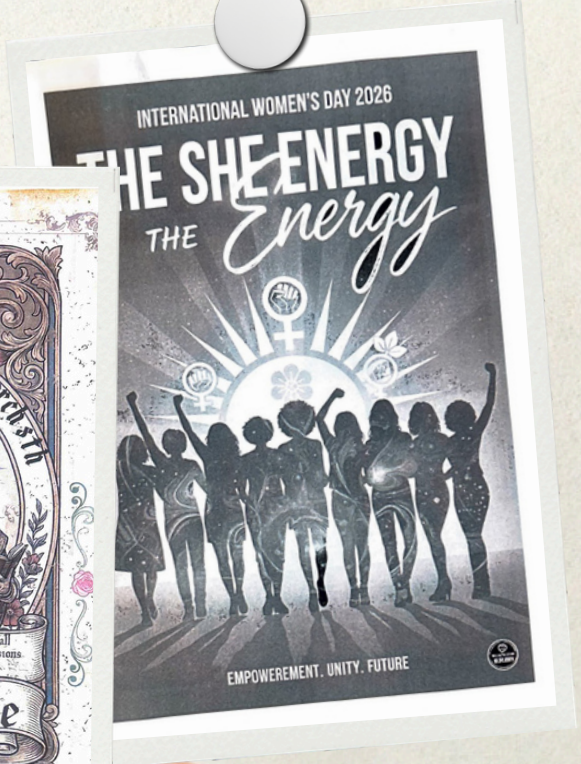
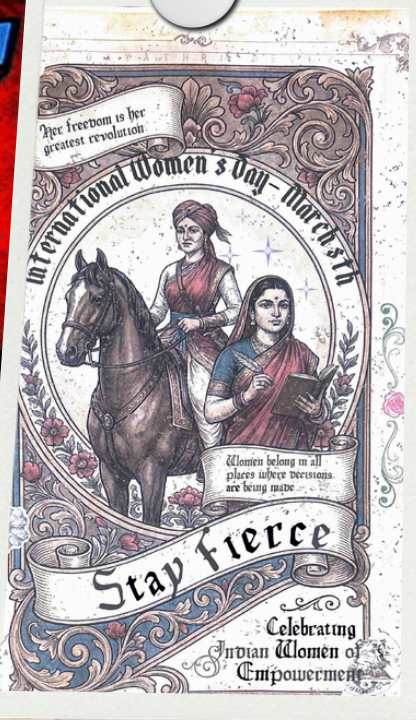
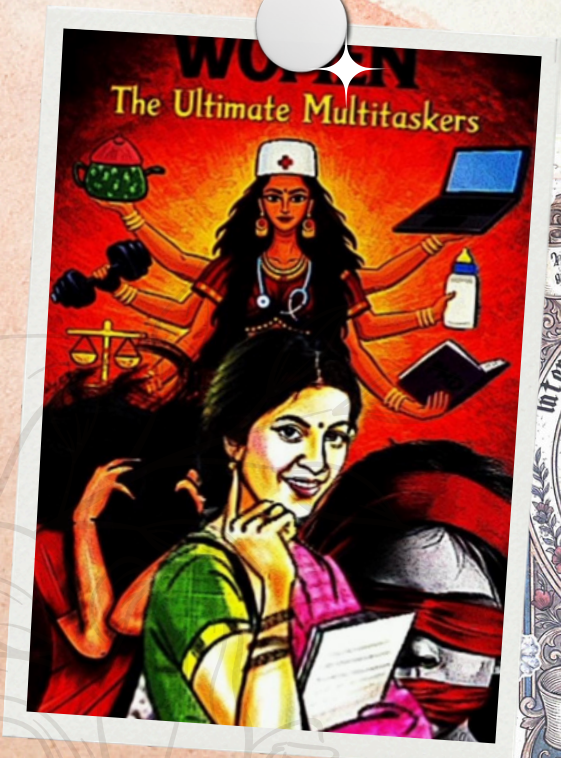
Nabeela Siddiqui
Assistant Professor
Vinayaka Mission's Law School



Dr S. Alinami
AVIT



Student's Corner



A team of dedicated Women faculty at Vinayaka Mission's Chennai campus



**WOMEN FACULTY UNDER
ENGINEERING & TECH**



**WOMEN FACULTY UNDER
ARTS AND SCIENCE**

A team of dedicated Women faculty at Vinayaka Mission's Chennai campus



**WOMEN FACULTY UNDER
ALLIED HEALTH SCIENCES**



**WOMEN FACULTY UNDER
LAW SCHOOL**

A team of dedicated Women faculty at Vinayaka Mission's Chennai campus



**WOMEN FACULTY UNDER
ECONOMICS & PUBLIC POLICY**



**WOMEN FACULTY UNDER
HOSPITAL MANAGEMENT**

Editorial Board

The Editorial Team is delighted to release this eighth annual newsletter, celebrating the spirit and achievements of women across our institution.

This year's Women's Day theme, "Give to Gain," reflects a powerful truth — when women are given opportunities, they gain confidence; and when they give their strength, society gains progress.

The Women Empowerment Cell has consistently embodied this spirit by creating awareness on health, nutrition, and safety through sensitization programs, and by providing platforms through competitions that celebrate talent, creativity, and identity.

"Give to Gain" also reminds us that empowerment is a shared responsibility. When institutions provide safe and supportive spaces, women gain confidence. When women contribute their determination and resilience, the world gains unstoppable change.

On this International Women's Day, let us commit to giving more — more encouragement, more inclusivity, more opportunities, and more belief in one another.

Let us give with purpose and gain a future that is stronger, fairer, and brighter.

Happy International Women's Day!



Ms. Subathra M




**AP/Biotech
AVIT**



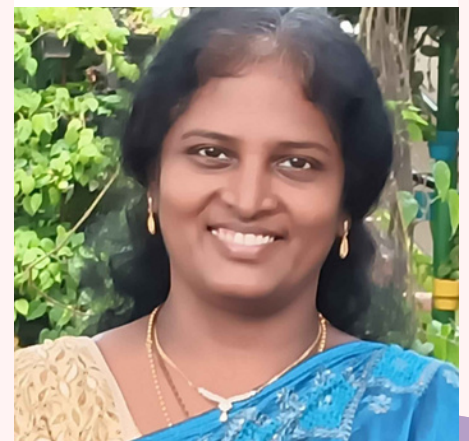
Dr.S.P.Sangeetha



**DEAN -FACULTY OF ENGINEERING &
TECHNOLOGY
VICE PRINCIPAL(ACADEMICS) 
Coordinator - WEC
AVIT**



Dr. Jennifer G Joseph



**Prof &HOD, H&S
Co-Coordinator, WEC **